

# F M N FOMBN MAHSA Newsletter



Faculty of Medicine,  
Bioscience and Nursing  
September 2021  
Issue 3

Faculty of Medicine, Bioscience and Nursing  
MAHSA University, BSP, Selangor  
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## INSIDE THIS ISSUE

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2. FOMBN Online Examination
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## Opening Message

It is September 2021 (day of penning this Welcoming Message!) and we are still not out of the woods yet.

The Covid Pandemic is anything but over. Everyone is nervously eyeing the next declaration by the Government regarding opening the economic and educational sectors. Vaccines for teenagers have been rolled out in anticipation of the opening of the schools in October. Universities and other higher institutions of learning, including MAHSA, are looking forward to have their students, local and international, returning to campus. Everyone coming back to campus must have completed their vaccination as shown on their MySejahtera as mandated by the Government. All this, and much more, is happening in October 2021.

Our Faculty of Medicine, Bioscience and Nursing (FOMBN) has remained steadfast throughout the roller coaster waves of the Covid Pandemic. When I came on board on June 1, 2021 it was almost at the height of the Pandemic wave and every day was a nightmare...watching the Covid cases and death toll escalating without end. Lives and livelihoods were being tested to the limit! Hospitals were struggling with the never-ending cases and admissions. Dead bodies were piling up in the mortuaries and graveyards. New terminology such as BID (Brought in Dead) became familiar to all of us. What was starkly clear is that the Pandemic is anything but under control.

Come October, there seems to be new hope for all of us. There appears to be more activity on campus and the feeling that more face-to-face activities are going to resume keeps everyone seemingly happy. After all, we have been deprived of usual social contacts for almost two years of the Pandemic. Face masks, social distancing and hand sanitizers are here to stay, at least for the next few years before people are confident enough to return to the old ways. But for now, the new normal is the new reality.

Riding on this new sense of confidence is good for MAHSA University. And this new feeling is really infectious. Hopefully, we are all ready to navigate the new found strength and challenges. With the beginning of the new semester, we should all be ready to fulfil our duties and responsibilities so that, collectively, we can scale new heights in success for our faculty and university.

We can BE MORE than what we really think we can achieve. Everyone must demonstrate leadership qualities in this time of great crisis and need. The lessons learnt, and experienced obtained, will go a long way towards developing great medical doctors, nurses and scientists in MAHSA University for the future.

God bless!



**Prof Dr Rusli Bin Nordin**

MBBS (Monash); MPH (Malaya); DrMedSc (Tokyo); GCHE (Monash); HonFFOM (Ireland); FAOEM (Malaysia); FPHM (Malaysia); FRSPH (UK); FAPA-PFAW (Australia); AM (Malaysia)

**Dean**

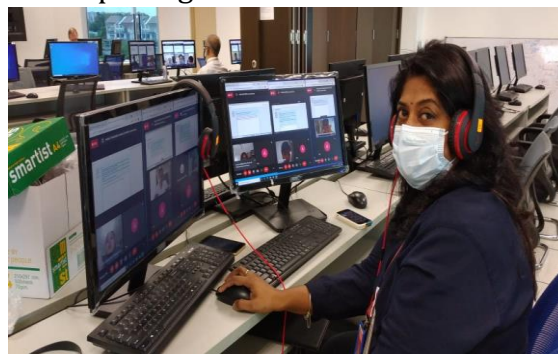
Faculty of Medicine, Bioscience and Nursing  
MAHSA University

## Conduct of Online Proctored Synchronous Phase I Final Examination



As the COVID pandemic is still lurking in the back ground, online POCTORED examination was inevitable again in our faculty for the MBBS Year 1 and Year 2 Final Professional Examination. Year 1 Professional Exam-1 Part-A, was conducted on 23rd August to 25th August 2021, Year 2 Professional Exam-1 Part-B was conducted on 2nd August to 4th August 2021 and Year 2 Professional Exam-1

Part-B Supplementary was conducted on 6th September to 8th September 2021. External examiners who participated in Year 1 & 2 MBBS final examinations, appreciated and applauded the organization for for mainlining the exam standards to be at par with face-to-face examinations that was comparable with other prestigious accredited Universities in Malaysia. Our MBBS Year-2 external examiners were Prof Dr. Arulmoni, R from AIMST University, Prof. Dr. Urban John Arnold D'Souza from University Malaysia Sabah (UMS), Sabah and Prof Dr. Azlina Abdul Aziz from University of Malaya (UM). Our MBBS Year-1 external examiner was Prof Dr. Venkatesh. R. Naik from Perdana University.



The online examination was performed via live video streaming of the students taking the exams, along with the simultaneous mirroring of video screen to the assigned invigilators with real time screen sharing. Theory, OSPE, and Digital OSCE tests proved to be feasible when conducted and proctored online. We are proud to say that, all of us, the academics and

administrative staff from the MAHSA University School of Medicine had contributed towards overcoming the novel and huge challenge of conducting the online examinations on a virtual platform, with full integrity, efficiency, and professionalism. This well-planned and efficiently executed synchronous examination has become a hallmark of excellence in our assessment system, fit to be maintained for a long time to come. Finally, the exam committee take this opportunity to thank deanery and MAHSA management for the advice and timely support in achieving this task with success. Also, extended thanks to all the invigilators, examiners and support staff for their commitment and enthusiasm.

Prepared by Dr Ivan Roland Karkada, COE- Exam, FOMBN

## Imperatives and visionary solutions in the clinical postings in response to the COVID19 pandemic

### Introduction

The COVID 19 pandemic has disrupted medical education on an unprecedented level one of which has never been seen before. In early 2020 medical students were unable to attend face to face lectures due to the lockdown implemented by the Government which was put in place to curb the spread of this deadly and devastating virus. The closure of hospitals and clinics meant that those students in phase 2 of the MBBS program were unable to receive hands on training. Hence clinical students were at a great disadvantage having been deprived of being able to see real patients in a real word setting. Basic clinical skills, procedures, and the whole patient experience was indeed lost for these students.



### Buffering the big shock

A crisis can sometimes change perspectives and in this case the teaching, due to the transition from traditional mode to online mode. There was a slight improvement in the MCO restrictions in July 2020 where we able to enjoy a small window of opportunity for face-to-face teaching once again. However, this was sadly short lived and within a few weeks we had to revert back to online teaching.

The transition from face-to-face teaching to online and distance learning was swift in MAHSA School of medicine because the university had been investing in educational technology for some time before the pandemic. This helped our academicians to develop new learning programs which was very helpful for our students to cope with during their clinical teaching.

It is without doubt that academicians themselves needed to adapt quickly in order to be more resilient in managing not only the concerns of the pandemic but also managing online teaching and assessment.

### Helping the disadvantaged students

A recent review showed that studying remotely through online teaching had an impact on student's mental health and wellbeing. Our observations showed that there were students who required varying degrees of assistance that might include solving problems outside of regular teaching sessions.

The university's awareness regarding this matter should not go unnoticed as a great effort has been made to address some of the mental health concerns for the students' university wide.

Supported by Dato' Shahril GMD and the management, Mdm. Sharon How – Consultant for the Counselling Services, together with Ms Cynthia the university counsellor has been involved in strengthening communications between Student Central, the Department of Psychiatry and other university departments.

A referral system is in place for students to seek counselling should they require it. Awareness leaflets and posters have been placed around the university and in the hostels. The focus has been to identify students with problems as soon as possible.

We have started to see improvements in students seeking counselling, due to stronger and more effective communication.

### **Empathy**

A special mention about **empathy** and **positivity** should be included in this newsletter.

Empathy is where one seeks to imagine what it is like to walk in the shoes of others who may be experiencing or have experienced traumatic events or changes brought about by the pandemic or other incidences.

During the psychiatry rotation we teach our students about empathy, how to communicate empathetically with others and to show care to patients. I feel that this is ever more important during this current time and the need to be even more mindful of distress that our students may be facing or have faced during this pandemic.

### **Positivity**

During the short window of face-to-face teaching in July 2020, I asked my students from year 5 what they had learned during lock down, what were the positives that they could find.

Their expressions showed me that they were struggling to think of anything to say. After a while and with some encouragement from myself one student (now a graduate) humbly told me with a smile.

*"I learned how to make Pakistani tea".*

After that, other students commented where eventually they all managed to find something to say which was positive; something which they had learned aside from their studies.

So, the moral of the story is that despite the pandemic, as tragic and debilitating that it is and still continues to be, if we search for something positive no matter how small we shall find it.

Prepared by Prof Momad Hussain Habil, Head of School of Medicine, FOMBN  
&  
Mdm. Sharon L How, Head of Unit –Psychiatry, School of Medicine, FOMBN

## Video Shooting of Nursing Procedures

Video has become an important part of higher education, especially for clinical procedures. Of late, due to the pandemic and being confined by the non-face-to-face teaching, the teaching method via video is an important cornerstone of many blended and ODL courses.

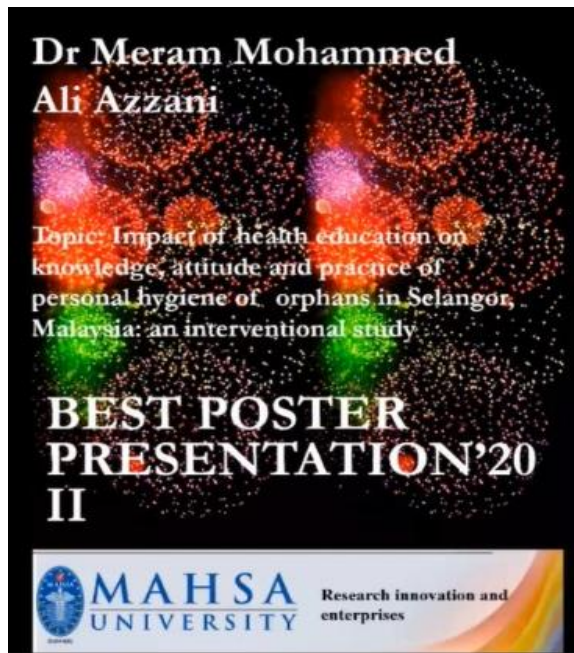
Several meta-analyses have proven that technology can enhance learning and video has proven to be an important tool. This process of video-making for teaching nursing procedures involves content layout, script preparation, rehearsals, recording and voice over process.



Moving forward with ODL learning, the School of Nursing has started to produce nursing-specific videos for application in clinical or educational settings with the help of MAHSA MarCom Department.



## Winner Of Best Research Poster Award, 2<sup>nd</sup> MAHSA University Research Day 2021



Like most other universities aiming to highlight their research outcomes as one of their most distinguished and competitive strengths, MAHSA University also organized an annual One-Day Research Competition Event entitled "Showcasing Research 2020".

Therefore, as a part of accelerating research activities and promoting the research culture in MAHSA University, this event was also planned to identify and honour good research undertaken by the staff and students of MAHSA University with several awards being granted to the winners including the **Award for Best Poster Competition**.

However, due to the Covid-19 pandemic, the second MAHSA University Research Day was held on the 30th of June 2021 through the online platform, focusing on the research activities conducted in the year 2020.

Dr Meram Azzani from the Faculty of Medicine, Bioscience and Nursing (FOMBN), was selected as the best research poster presentation. The winning research poster was entitled "**Impact of health education on knowledge, attitude and practice of personal hygiene of orphans in Selangor, Malaysia: An interventional study**". Dr Meram also proudly announced that this study was jointly conducted by her MBBS students. Currently, Dr Meram is actively contributing to research at the university level, with dedication to non-communicable diseases and underprivileged populations.



The FOMBN congratulates Dr Meram Azzani for her excellent achievement on the MAHSA University Research Day 2021, wishing her the very best in her future endeavours.

Prepared by School of Medicine, FOMBN

## Accolades of Dr. Pallav Sengupta of Faculty of Medicine, Bioscience and Nursing: 'Highest Publications' in MAHSA University and Second Rank in Malaysia as Infertility Research Expert 2020 and 2021



Faculty of Medicine, Bioscience and Nursing (FOMBN), MAHSA University, congratulates senior lecturer Dr. Pallav Sengupta (Head of Services Research/Fellow of Research, FOMBN) for winning the '**Highest Publications Award**' again this year, for his thirty-one (31) publications in 2020, which includes twenty-one (21) research articles published in ISI/Scopus Indexed journals and ten (10) book chapters in Springer Nature and Elsevier.

The Faculty also proudly announces that in addition to Dr. Sengupta's ranking in the **Top 2% Research Scientists in the world** in 2020 by the Stanford University, USA, he has also been ranked Second among **research experts in Fertility in Malaysia, and in the sub-specialty of Male Infertility**. This ranking is the second year in a row by the **Expertscape**. His total number of Research publications exceeded **one hundred and sixty (160)** with about **6000 citations** and **h-index of 31**.

The faculty wishes him good luck and to keep flying high and continue to drive the research excellence of MAHSA University.

Prepared by School of Medicine, FOMBN





## May 2021 Thematic Month (Theme: Resilience), Organised By School Of Medicine

MAHSA University has a very unique activity called Thematic Month Activities; whereby each faculty is given the task to lead activities based on positive themes such as compassion, leadership, etc. Last May, it was the School of Medicine's turn to organise or host the Thematic Month Activities with the theme Resilience. The month of May never felt longer with all the proposals of activities from all faculties, the preparation, poster making, promotion, reaching out to students and the public and prize-giving too. From the School of Medicine, Dr Soon Siew Choo and Dr Ardita Dewi Roslani were both assigned to organise the activities together.



MAHSA UNIVERSITY  
**SHORT ESSAY COMPETITION**  
RESILIENCE OF A MOTHER

Write in not more than 100 words only on the topic:  
**RESILIENCE OF A MOTHER**

Last date to submit:  
**27 MAY 2021**  
Announcement of results:  
**31 MAY 2021**

FIRST PRIZE **RM80**  
SECOND PRIZE **RM50**  
THIRD PRIZE **RM20**

Submit to:  
arditadewirosyani@mahsa.edu.my

www.mahsa.edu.my 1800-88-0300

From our own **School of Medicine**, we organised a short essay competition entitled, "**Resilience of A Mother**" in conjunction with Mother's Day with not more than 100 words. It attracted many participations amongst MAHSA students; and the winners were: 1. Sarah Ahmad (FIS) 2. Celine Yong (DLT) and 3. Thandi Mpoka (MBBS).

The **School of Nursing** came up with a poster infographic contest entitled **Nurses: The Heart of Healthcare**. Posters needed to contain motivational quotes to support the hard work of nurses especially during this COVID-19 pandemic.



MAHSA UNIVERSITY  
**POSTER INFOGRAPHIC CONTEST**  
By School Of Nursing

World Nurses' Day  
12 May 2021

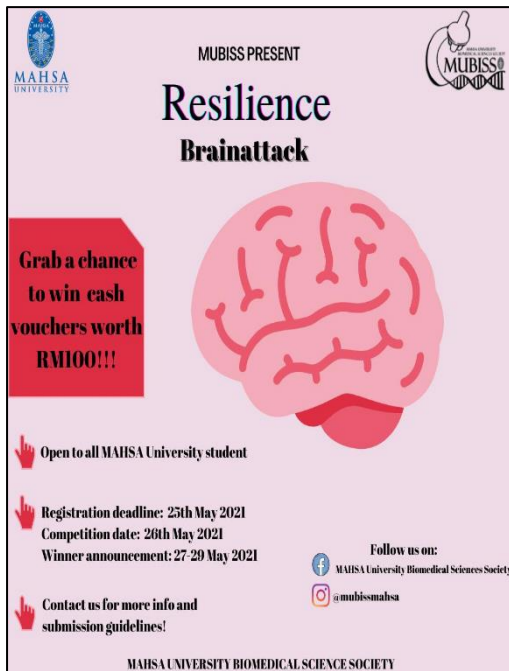
Write motivational quotes to support the resilience of nurses especially during this COVID-19 pandemic.

Submit to:  
**School Of Nursing**

Last submit: 27 May 2021 | Announcement of results: 31 May 2021

1st Prize **RM80**  
2nd Prize **RM50**  
3rd Prize **RM20**

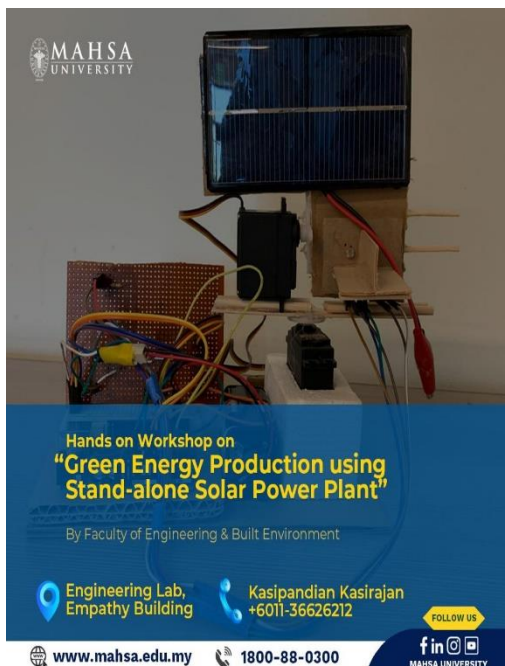
www.mahsa.edu.my 1800-88-0300



The School of Biomedical Sciences presented a **Brain Game** which were participated by students and staff.



MAHSA Centre for Pre-University presented an interesting mask design competition entitled 'It is all about me' and it drew a few interesting participations with very creative designs.



From the **Faculty of Engineering & Built Environment**, Mr Kasirajan Kasipandian's initial plan was to hold a hands-on Workshop entitled "Stand Alone Solar Power Plant". However due to the MCO 3.0; the whole endeavor was videotaped by MARCOM, our MAHSA marketing team.

Hands on Workshop on  
**"Green Energy Production using Stand-alone Solar Power Plant"**  
By Faculty of Engineering & Built Environment  
Engineering Lab, Empathy Building  
Kasipandian Kasirajan +6011-36626212  
www.mahsa.edu.my 1800-88-0300  
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Dr Sohail and Mr Ashutosh from the **Faculty of Pharmacy** successfully conducted a **virtual survey** measuring resilience in participants and it managed to attract more than 30 participants.



Centre of Education & Language also turned some students into **movie critiques**. The movie BLIND SIDE had a character that participant needed to write on the resilience that was seen in him. The contest was very well-received by many students, perhaps due to the Stay Home order in MCO 3.0.



Appropriately, on 27<sup>th</sup> May, Faculty of Business, Finance & IT held the **Ultimate Bingo Challenge** which was designed to help participants realise the resilience skills that they already possess, which can aid them in further developing on those skills in future.



Finally, **Faculty of Health Sciences** successfully held a unique Virtual Resilience Fun Run (3 KM) from 24-28th May. Such virtual run events create positive motivation and resilience by helping everyone get outside /indoor running to stay active and healthy. This activity was well-received with 21 responses. Winners were awarded a total of RM150 and all participants were given E-certs.

Prepared by Dr Soon Siew Choo & Dr Ardita Dewi Roslani School of Medicine, FOMBN

## Student Achievements – MEDSOC Activities

26th July to 5th of August 2021 – The Lost Food Project

Recently, in July 2021, some Malaysians of low-income families started waving white flags as part of the so-called “White Flag Campaign”, or the #benderaputih (white flag) movement. It was a distress call about their financial difficulties due to Covid-19 pandemic. It was a great opportunity for MAHSA Medical Society (MedSoc) and MAHSA students to lend a helping hand to those who desperately needed it during these tough times.

The Lost Food Project is a charitable initiative aimed to provide aid to those in dire circumstances. MedSoc decided to join and contribute, and thus started a donation drive involving students, staff and also from the public. MAHSA MedSoc proudly announced that a total of RM5000 was collected. So, together with The Lost Food Project and Sri Ternak Sdn Bhd, MAHSA MedSoc was able use the donations to distribute food packs to the pre-identified affected families at the various targeted places.

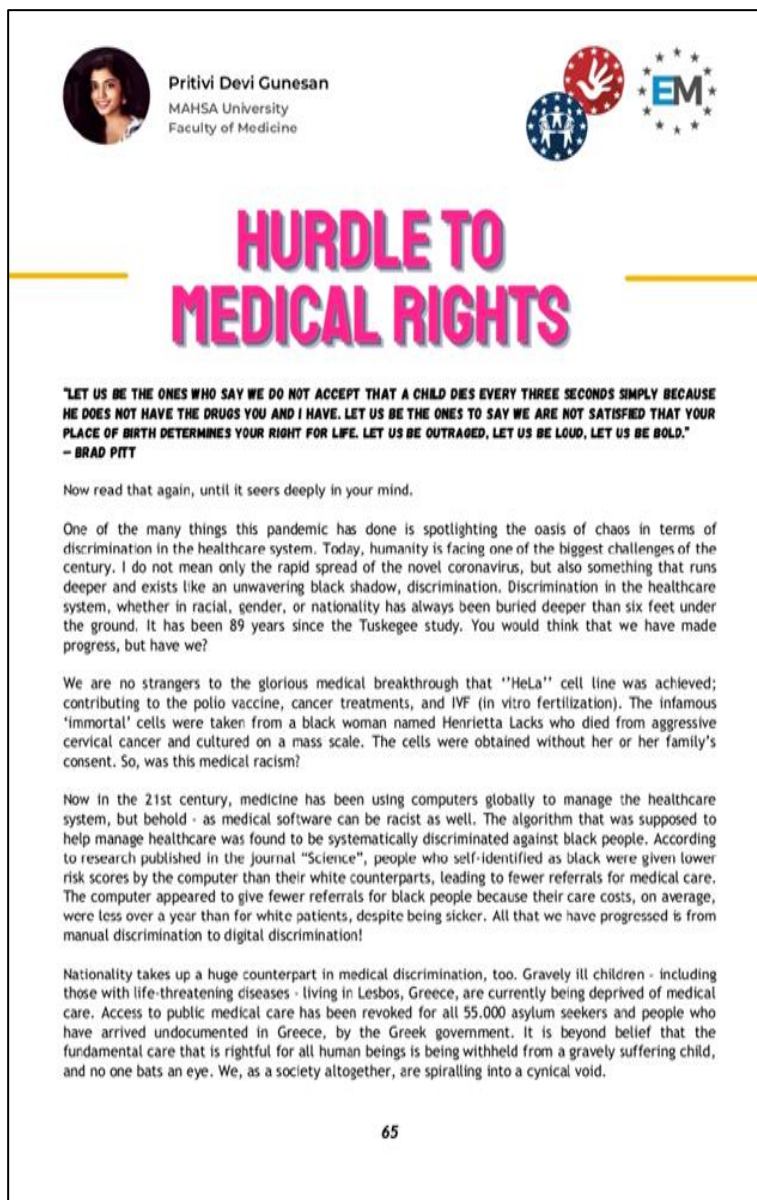



Prepared by the MedSoc committee


## Student Achievements – AMSA Activities

AMSA (Asian Medical Student's Association) MAHSA is a student-based association of MAHSA University currently led by Pritivi Devi a/p Gunesan (Year 4 / Batch 9) who is the President & University Representative for AMSA Malaysia.

One of the association's notable achievements is when Pritivi Devi's article on 'Hurdle to Medical Rights', that was submitted via AMSA to the EuroMeds Medical Magazine under the European Medical Students' Association, was selected and published in the EuroMeds Summer Issue #22, indirectly also representing Malaysia. AMSA MAHSA are immensely proud to have brought this pride to MAHSA University, and hope this would inspire our students that it is possible to have achievements on an international level.



 **Pritivi Devi Gunesan**  
MAHSA University  
Faculty of Medicine



# HURDLE TO MEDICAL RIGHTS

**"LET US BE THE ONES WHO SAY WE DO NOT ACCEPT THAT A CHILD DIES EVERY THREE SECONDS SIMPLY BECAUSE HE DOES NOT HAVE THE DRUGS YOU AND I HAVE. LET US BE THE ONES TO SAY WE ARE NOT SATISFIED THAT YOUR PLACE OF BIRTH DETERMINES YOUR RIGHT FOR LIFE. LET US BE OUTRAGED, LET US BE LOUD, LET US BE BOLD."**  
- BRAD PITT

Now read that again, until it seers deeply in your mind.

One of the many things this pandemic has done is spotlighting the oasis of chaos in terms of discrimination in the healthcare system. Today, humanity is facing one of the biggest challenges of the century. I do not mean only the rapid spread of the novel coronavirus, but also something that runs deeper and exists like an unwavering black shadow, discrimination. Discrimination in the healthcare system, whether in racial, gender, or nationality has always been buried deeper than six feet under the ground. It has been 89 years since the Tuskegee study. You would think that we have made progress, but have we?

We are no strangers to the glorious medical breakthrough that "HeLa" cell line was achieved; contributing to the polio vaccine, cancer treatments, and IVF (in vitro fertilization). The infamous 'immortal' cells were taken from a black woman named Henrietta Lacks who died from aggressive cervical cancer and cultured on a mass scale. The cells were obtained without her or her family's consent. So, was this medical racism?

Now in the 21st century, medicine has been using computers globally to manage the healthcare system, but behold - as medical software can be racist as well. The algorithm that was supposed to help manage healthcare was found to be systematically discriminated against black people. According to research published in the journal "Science", people who self-identified as black were given lower risk scores by the computer than their white counterparts, leading to fewer referrals for medical care. The computer appeared to give fewer referrals for black people because their care costs, on average, were less over a year than for white patients, despite being sicker. All that we have progressed is from manual discrimination to digital discrimination!

Nationality takes up a huge counterpart in medical discrimination, too. Gravely ill children - including those with life-threatening diseases - living in Lesbos, Greece, are currently being deprived of medical care. Access to public medical care has been revoked for all 55,000 asylum seekers and people who have arrived undocumented in Greece, by the Greek government. It is beyond belief that the fundamental care that is rightful for all human beings is being withheld from a gravely suffering child, and no one bats an eye. We, as a society altogether, are spiralling into a cynical void.

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Prepared by Pritivi Devi Gunesan (Year 4/Batch 9)

## Student Achievements – UTWC Activities

Under The White Coat (UTWC) is a magazine under the School of Medicine of the FOMBN (Faculty of Medicine, Biosciences & Nursing) fully led by a group of MBBS students. Its first publication was inspired by the Batch 6 MBBS students, led by the former dean, Assoc. Prof. Dr. Ganesh Ramachandran and Dr. Nakorn Nuntasukasame (Batch 6).

Recently, UTWC released its 8<sup>th</sup> Issue with the theme, “**The Insurance of COVID-19: Save Lives, Save Yourself, Save All**”, led by Jewel Nambiar (Batch 9) and Simon Wee Boon Kim (Batch 9). The UTWC editorial aims to release two UTWC issues per academic year as well as one yearbook for every graduating batch of MBBS. This much awaited completion of this magazine is fully attributed to the industrious effort of the steering committee which consists of the Interview Team, the Writing Team and the Design Team.



Prepared by Jewel Nambiar



## Welcome our New FOMBN Staffs!

### School of Medicine



**Associate Professor Dato' Dr  
Balachandran A/L Satiamurti**

[DPMS, JSM, AMN, PKC, MBBS,  
M.MED(OM)]

Associate Professor Dato' Dr. Balachandran was the former Director, Department of Health, Selangor from 2014-2016. Prior to that, he served as the Director for Department of Health of Federal Territory of Kuala Lumpur and Putrajaya from 2011-2014. He has 33 years of experience working in Ministry of Health (MOH). He has also been a World Health Organisation (WHO) short term consultant in Cambodia.



**Associate Professor Dr Myo Kyi  
Tha**

Associate Prof. Myo Kyi Tha has joined FOMBN as a member of the Paediatric Department, and has over 20 years of working experience. He obtained his MBBS degree and Masters of Medical Science (Paediatrics) from the University of Medicine 1, Yangon, with further qualifications in Education such as Master of Medical Education (Dundee, U.K.) and Postgraduate Diploma in Tertiary Teaching (UCSI, Malaysia).





**Associate Professor Dr. Nilar Khin**

Associate Prof. Nilar Khin is a welcome addition to the Otorhinolaryngology Department of the FOMBN. She obtained her MBBS degree and Masters of Medical Science (ENT) from the University of Medicine 1, Yangon, and subsequently, obtained a Postgraduate Diploma in Tertiary Teaching from UCSI in 2018. Her other qualifications include a Certificate in Essential Skills in Medical Education (2012).

### **School of Biomedicine**



**Dr Aimi Syamima Bt Abdul Manap**

Dr Aimi Syamima Bt Abdul Manap obtained her Bachelor Degree in Biomedical Science (Hons) degree from National University of Malaysia (UKM) sponsored by JPA scholarship. Her excellence performance in academic and strong passion in research encouraged her to further her Master degree in UKM Molecular Biology Institute (UMBI) in Molecular Medicine at 2013 under huge grant of Higher Institution Centre of Excellence (HICoE). Next, in 2018, she decided to pursue her Doctor of Philosophy (PhD), to develop and broaden her skills and experiences in the field of Molecular Biology and Neurodegenerative Disease. In her PhD study, she dedicated herself into development of synergistic protective effects of natural compound of curcumin and piperine against degeneration by beta amyloid in Alzheimer Disease model. She was one out of the three recipients for fully sponsored Taylor's Scholarship in 2018. Her strong motivation enables her to successfully completed her PhD study within 2 years, with outstanding numbers of publication.

## School of Nursing



"A Major Throwback". April 2008 was a great start for Ms Yugeswary Karunagaran as she had decided to step into Mahsa College as a student to pursue her studies in Diploma in Nursing. She graduated as a Registered Staff Nurse in July 2011. She has worked in Tan Tock Seng Hospital in Singapore, and NGHHA Riyadh, Kingdom of Saudi Arabia. She pursued her degree in Bachelor of Science in Nursing and Post-Basic in Critical Care Nursing. She loves teaching as it is her passion and looking forward to share her knowledge and skills with her students.

### **Ms. Yugeswary Karunagaran**

Clinical Instructor.

(Diploma in Nursing, Bachelor of Science in Nursing (Post Graduate), Post Basic in Critical Care Nursing)



### **Ms. Siti Nadirah Binti Mujtahidin**

Clinical Instructor.

(Dip in Nursing, Bsc Nursing, Post basic Renal Nursing, Cert in Teaching methodology)

Ms. Siti Nadirah Binti Mujtahidin has been working in the nursing profession for 14 years (10 years in hospital and 4 years in academics). She graduated from KPJ Healthcare University College as a Registered Nurse in 2007. She started her profession as a nurse at KPJ Ampang Puteri Hospital where she served for 3 years in the surgical ward. She was then transferred to Haemodialysis Unit and pursued her studies in Post Basic Renal Nursing. In 2014, she worked as a Registered Nurse 1 in the Renal Dialysis Unit Security Forces Mekah, Saudi Arabia for 3 years. Once back, she joined as a clinical instructor at International Medical College and pursued her BSc (Hons) in Nursing at Lincoln University College at the same time. She now has joined Mahsa University in August 2021 and hopes to "BE MORE" in her career pathway.



**Puan Azlina Bt Azmi** Nursing Lecturer, (Diploma in Nursing, Post Graduate Diploma Tertiary Teaching, Bachelor of Nursing, Master of Nursing, University of South Australia, Adelaide Australia)

Puan Azlina has 27 years of working experience in the Nursing Profession (Hospital 7 years and Education (20 years). Azlina is a qualified Registered Nurse (RN) in June 1994 from Tun Tan Cheng Lock Assunta College Petaling Jaya Selangor, Malaysia. She has worked in Casualty and Out Patient) at Assunta Hospital and KPJ Specialist Tawakkal Hospital, Jalan Pahang Kuala Lumpur, Malaysia. She started her career in Nursing Education as a Nurse Lecturer at KPJ University College Healthcare (KPJUC) for 13 years. In 2014, she joined Nursing Institute Prince Sultan and Health Sciences Military College as a Lecturer for Diploma in Nursing and Clinical Teaching attached to Armed Forces Hospital/King Khalid Military City Hospital (KKMCH), Northern Area, Hafar Al-Batin, Kingdom of Saudi Arabia (KSA) for 4 years. In 2019, she joined UCSI University, Cheras, Kuala Lumpur, and UCSI Hospital Springhill Port Dickson Negeri Sembilan as a Program Coordinator for Bachelor of Nursing (Hons) (2.5 Years). Currently serving as a Nursing Lecturer Mahsa University from June 2021.



**Mr. Sarmilan Murugiah**  
Lecturer Cum Coordinator, School of Nursing  
RN - Dip. Nursing (USM), BSc (Hons) Nursing - Post Reg (Lincoln UC), MSc. Clinical Exercise Science (IPPT-USM), Post Basic in Infection Control, PhD (candidate) in Higher Education

Sarmilan (Sam) was trained from the Hospital of Universiti Sains Malaysia (HUSM, Kelantan) and registered as a nurse under MNB. He started his career at Radiology / Imaging department. Over the years earned Bachelor's and Master's Degree with a specialization in Infection Control. In the education field, he first joined as Clinical Instructor then promoted as Nursing Tutor, and now in reputable Mahsa University holding a position of Nursing Lecturer and coordinating Bachelor's Degree Nursing students. As a Ph.D. candidate, he is exploring more on Higher Education of Nursing so that in the future can brighten up the nursing curriculum.



**Naina Abdul Karim**

Lecturer /Program Coordinator,  
School of Nursing

RN (USM), BSc (Hons) Human  
Development (UPM), PCET  
(Nursing Professional (KPJUC).  
MED (Nursing Education (Asia e  
University) Post Graduate  
Diploma in Tertiary Teaching  
(PGDTT), (UCSI University)

Naina Abdul Karim started her journey in Nursing Education in 1995. She graduated in 1998 with a Diploma in Nursing from USM University. She earned Registered Nurse (RN) qualification after completing her Diploma. Then she served the nursing workforce as an Intensive Care Unit (ICU) Nurse at Hospital Universiti Kebangsaan Malaysia (HUKM) for 7 years and worked as an ICU Nurse Specialty 1 (SN 1) in National Guard Hospital, Jeddah in Saudi Arabia for about 2 years.

While working in HUKM, she continued her study in Bachelor Science (Hons) Human Development at University Putra Malaysia (UPM) and graduated in the year 2004. She served as a lecturer at Nilai University, Malaysia in Nursing Education in 2008. She was awarded a scholarship and successfully completed her Professional Certificate of Education and Teaching in Nursing Professional (PCET) from KPJUC and her Masters in Education (specialization in Nursing Education) from Asia E University (Asia e University), received the chairman award. Then she strived to develop an international teaching experience in Nursing Institute, Prince Sultan Military College, branch in Hafr al Batin, Saudi Arabia for two and half years as a Nursing Specialist teaching and coordinating the Nursing Diploma and Internship program. When she returned to Malaysia in 2018, she joined UCSI University as a Lecturer and Program Coordinator in the Faculty of Medicine and Health Sciences. She received a study scholarship from UCSI university and completed her intensive study in Post Graduate Diploma in Tertiary Teaching (PGDTT).

## Upcoming Events

1. Final Professional Exam, 1<sup>st</sup>-14<sup>th</sup> November 2021
2. Thematic Month FOMBN Webinar – Live Long Learner, November 2021
3. MAHSA International Medical Technology Conference 2021 (Mi-MED-2021), 22<sup>nd</sup>-23<sup>rd</sup> October 2021
4. FOMBN Research Clinics, Thursday afternoons
5. “World Diabetes Day” Webinar – MEDSOC Activity

## Editorial Team

**Dr Shalini Vellasamy**  
(Chief Editor)

**Dr Deepa Anbazhagan**  
**Dr Pallav Sengupta**  
**Dr Soon Siew Choo**  
**Dr Arditia Dewi Roslani**



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**P R O G R E S S**