



**MAHSA**  
UNIVERSITY



*ADVANCED  
DIPLOMA IN*  
**MIDWIFERY**

KPT/JPS (R2/723/5/0149) (MQA/FA5219) 02/26

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**FACULTY OF  
MEDICINE,  
BIOSCIENCE &  
NURSING**

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## OVERVIEW

Midwifery is a healthcare profession in which providers offer care to child-bearing women during pregnancy, labour and birth and during the postpartum period. It requires different approaches of care in accordance with the diversity of cultures worldwide, to assist mothers, newborns, other members of the family and the community to achieve the highest potential in health.

A nurse-midwife is a person who is trained in both nursing and midwifery, and in Malaysia is certified by the Midwifery Board of Malaysia. In order to practise, a nurse-midwife must pass an examination for certification by a national board. Nurse-midwife training focuses on the management of women's health care, particularly pregnancy, childbirth, the postpartum period, care of the newborn, and gynaecology.

## PROGRAMME AIMS

This one-year Advanced Diploma in Midwifery course at MAHSA University is designed to introduce registered nurses to the provision of care to the woman and her family throughout pregnancy, birth and the postnatal period. The emphasis is on treating the woman and child as individual with unique needs expectations and aspirations. The course provides theoretical learning in the classroom and practical sessions in the simulation ward using the latest simulation delivery model. The midwifery students are provided with learning opportunities to develop communication, counseling, cross cultural sensitivity, and technical skills relevant to normal and complicated pregnancies, childbirth, postpartum care and family health promotion.

### **TEACHING METHODOLOGY**

There is a variety of teaching methods that promote creativity and lifelong learning among students such as face-to-face lectures, problem-solving approaches, self-directed study-online discussions, blackboards, tutorial, case-study presentations (evidence-based practice) and international exposure.

### **CLINICAL EXPOSURE**

There will be sufficient clinical exposure in every part of midwifery practice. Students will gain experience in various disciplines as required by the Midwifery Board of Malaysia. The teaching hospitals will be those with whom MOUs have been signed.



**DURATION** 1 YEAR PROGRAMME  
on a full-time basis

## PROGRAMME STRUCTURE

YEAR 1

The 4 integral strands in the curriculum are

**STRAND 1**

Nursing science core (theory & practical)

**STRAND 2**

Health science (anatomy & physiology)

**STRAND 3**

Planned parenthood, delivery, home visiting & child health

**STRAND 4**

Behavioural science, professional role of midwives & excellence service skills & applied research & statistics

## ENTRY REQUIREMENTS

### Requirements

- Possess a Diploma in Nursing from a recognised institution;
- AND
- A minimum of 1 year's clinical working experience;
- AND
- Possess 3 months' experience in the Midwifery field;
- AND
- Registered with the Nursing Board of Malaysia (NBM) (Malaysian Candidates) / Nursing Council from country of origin (International Candidates);
- AND
- Possess an Annual Practising Certificate (APC) (Malaysian Candidates) / Temporary Practising Certificate (TPC) from NBM before clinical placement (International Candidates);
- AND
- English proficiency (International Candidates): IELTS 5.5 / TOEFL 515/215/80;
- AND
- Able to converse in Bahasa Melayu (International Candidates);
- AND

### HEALTH REQUIREMENTS:

- All candidates must be certified medically fit by a registered medical practitioner within one month from the commencement of the nursing programme.
- Students must not have any physical disabilities or impaired senses that hinders nursing dexterity.
- Students with medical conditions such as HIV, AIDS, Hepatitis B, Hepatitis C, epilepsy, mental health disorders and color-blindness cannot be admitted into the programme.
- Pregnancy is not allowed throughout the course.

### MAHSA ADVANTAGES

- Graduate as a State Registered Nurse in Midwifery
- Recognised by the Ministry of Health and Midwifery Board of Malaysia
- Recognised in both public and private sectors
- Internationally recognised



## ADVANTAGES

On successful completion of the subject, it is anticipated that the student at an intermediate level will be able to:

- provide safe and effective application of scientific principles to the provision of midwifery care.
- employ interpersonal and communication skills to meet the individual needs of the childbearing family through effective education and counseling.
- incorporate theoretical knowledge of midwifery practice into clinical midwifery practice.
- relate research evidence to clinical midwifery practice.
- integrate and promote a consumer focus in the practice of midwifery.
- exercise a health-promoting midwifery role.
- incorporate the principles of Primary Health Care into midwifery practice.
- employ sound problem-solving skills in decision making.
- work effectively as a beginning collaborative member of an interdisciplinary and multidisciplinary team.
- accept responsibilities and obligations.
- advocate the rights of self and women in her care.
- assess and monitor within the context of the family unit, the physiological, psychosocial and spiritual needs of the woman during pregnancy, labour and the postnatal period.
- assess and monitor the well being of the foetus/neonate during pregnancy, labour and the neonatal period.
- organise and modify appropriate care as required in partnership with the woman in his/her care.
- distinguish among the differences in the multicultural nature of society and respect the woman's and her family's cultural beliefs and values.
- apply legal and ethical parameters to the practise of midwifery.
- initiate referrals to appropriate social agencies concerned with the needs of the child-bearing family.
- evaluate and apply the principles of management to the planning and provision of midwifery practice.



# MAHSA'S PASSPORT

TO SUCCESS



Professional Industry-Driven Education (P.R.I.D.E) is MAHSA University's specially designed education pathway that give students the best of both academic and professional certifications. Students have the opportunity to gain professional skills through various programmes from MAHSA's collaborations with internationally recognised professional bodies. P.R.I.D.E increases the employability rate of our fresh graduates and puts them on par with the rest of the professional world.

## MASTERCLASS

Students of this programme are eligible to gain add-on certification in Master Classes. There are more than fifty Master Classes to choose from, and all are designed to further enhance the student's employability, in line with the Industrial Revolution 4.0.

## MOBILITY PROGRAMME

This is a unique opportunity for students to study abroad for up to one year in a foreign country. This study abroad programme lets students experience different cultures and

## PROFESSIONAL COURSES

Through MAHSA's collaboration with internationally recognised professional bodies, students will be earn certifications that will enhance their professional skills and increase their employability rate.

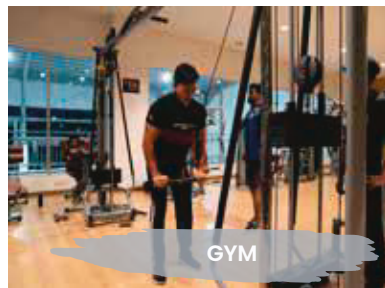


practices from around the world. Ask us about our university partners in over fifty different countries.

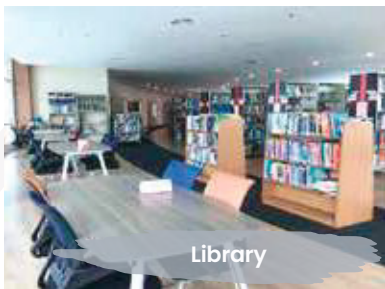
# MAHSA BE MORE



Sports Complex



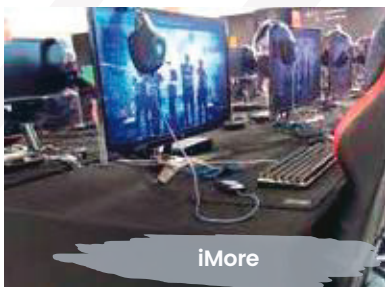
GYM



Library



The Habitat



iMore



Residences

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