

Masterclass in the Basics of Vestibular Rehabilitation

Faculty of Health and Sport Sciences

Introduction

Vestibular rehabilitation is an exercise-based programme designed specifically to treat patients suffering from vertigo, dizziness, visual disturbance and impaired balance due to vestibular disorders. The skills in performing various examination procedures to evaluate and differentiate between vestibular pathologies is necessary to plan and execute appropriate treatment interventions to help patients recover from various manifestations of central and peripheral vestibular disorders

The learning objective is to understand the structures and function of vestibular system, types of vestibular disorders, assessment procedures and interventions for vestibular rehabilitation.

Duration

7 hours

Content

Anatomy and physiology of the vestibular system and motor control

Vestibular system dysfunction - peripheral pathology and central nervous system pathology

Examination procedures - history, test and measures

Interventions: BPPV Treatment Techniques; Gaze Stabilization exercises; Habituation exercises; Balance exercises for postural stability; Bilateral vestibular lesion exercises

What will you learn?

- Basic anatomy and physiology of peripheral and central vestibular system
- Clinical manifestations and various types of vestibular disorders
- Examination procedures used to evaluate patients with vestibular dysfunction to establish a diagnosis and plan of care
- Exercises used in vestibular rehabilitation programme

Who Should Attend?

This Masterclass in the Basics of Vestibular Rehabilitation is designed for year 4 physiotherapy students to gain additional knowledge in vestibular rehabilitation.

Certification


Certificate of Completion by MAHSA University

Fees

MAHSA Students
RM 280

Public Participants
RM 350

 1800-88-0300

 +603-5102 2200

 marketing@mahsa.edu.my

MAHSA UNIVERSITY

Jalan SP2, Bandar Saujana Putra, 42610Jenjarom, Kuala Langat, Selangor, Malaysia

www.mahsa.edu.my

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